

# Shingles ne Shingrix Vaccine no

Nea εσε σε wuhu



## → Dɛn ne shingles?



Shingles yɛ nsawaa a ɛte σε kuru a ɛyɛ yaw wɔ anim anaa nipadua no fã bako. Wubetumi nso anya atiridii, tipaeyɛ, awɔ, anaa yafunu keka.

### Dɛn na ɛde shingles ba?

Mmoawa koro no ara na ɛde shingles ba. Enti σε na wowɔ akisikuru wɔ wo mmofraase a, ebia saa mmoawa yi βɛsan ayɛ adwuma bio bere a woanyin no ma abeyɛ shingles no.

## → So shingles vaccine bi wɔ hɔ?



Aane! Shingrix yɛ aduru a ɛbɔ wo ho ban denneennen fi shingles ne ɛyaw a ebia wobɛte wɔ wo honam ani wɔ baabi a na wowɔ shingles (a wɔfrɛ no postherpetic neuralgia) ho. Wɔnde vaccine no ma wɔn ahodoɔ mienu (2) mu, beyɛ bosome mienu(2) ne nsia(6) ntam.

### Hena na ɛσε σε onya Shingrix?

- Mpanyimfo a wɔadi mfe aduanum (50) ne akyi
- Mpanyimfo a wɔadi mfe dunkron (19) ne akyi a wɔn nipadua mu tumi a ɛko tia nyarewa no ayɛ mmerɛw

### → ɛσε σε saa akuw yi nya Shingrix σε mpo:

- W'anya shingles deda
- Wɔn awɔ Zostavax vaccine no (shingles nti)
- Wɔn awɔ varicella vaccine no (chickenpox nti)

### ɛhe na metumi anya Shingrix?

Bisa wo yaresafo anaa nipa aa ɔtɔn aduro wɔ wo mpɔtam



### σε minya vaccine no a, ɛn na mɛte nka?

σε wonya vaccine no wie a, ebia wobɛte nka σε:

- ɛyaw, kɔkɔ, anaa ɔfe wɔ baabi a wo nyaa vaccine no
- ɔbre paa
- Ntini mu yaw anaa tiyɛ
- Atiridii anaa awɔ
- Yafunu mu yaw anaa abofono



**Meyɛ diɛn asua Shingles ho nsem pii aka ho?** Σε wopɛ σε wusua pii a, kɔ: [www.cdc.gov/vaccines/vpd/shingles/public/shingrix/index.html](http://www.cdc.gov/vaccines/vpd/shingles/public/shingrix/index.html)