

Tsaya akan tsarin rigakafiduk iya rayuwarka

Hausa

Fiyeda shekaru dari ana amfani da rigakafi don maganinin cututtuka ba tareda da matsalabakuma Yana sanya mutane zama cikin lafiya! Rigakafi da yawa ana Bada su ne sau daya a rayuwarka, Amma wasu anan bada su dadama.yanada amfani yin rigakafi na zamani! Yana iya taimakonka da masoyanka don gujewa cututtuka masu tsanani da kuma gujewa barkewar annoba me tasowa. Kayi magana da Malamin kiwon lafiya don saninfiyeda haka.



Jarirai da kananan Yara (shekaru 0-2)

- Mura
- Kyanda, Hangu, Tari (MMR)
- Sankarau (Hib)
- Cutar huhu
- Cutar Diphtheria ta makwogoro, cutar tetanus, cutar pertussis(DTap)
- Cutar polio
- Zawon kananan yara
- Karambau
- Cutar hanta A da B



→ **Kar a manta! Kowanni dan wata shida da na sama da haka yayi rigakafi cuttar COVID-19**

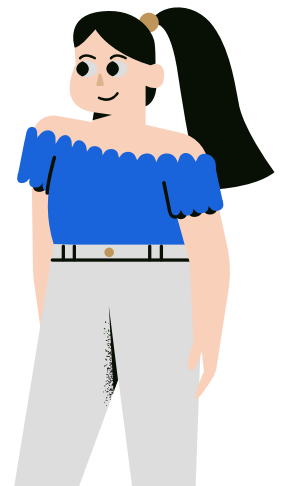
Yara (shekaru 3-12)

- Mura
- Kyanda, Hangu, Tari (MMR)
- Karambau
- Cutar polio
- Cutar huhu
- Cutar hanta A da B
- HPV
- Cutar Diphtheria ta makwogoro, cutar tetanus, cutar pertussis(DTap)
- Sankarau



Matasa (shekaru 13-17)

- Mura
- Kyanda, Hangu, Tari (MMR)
- Cutar hanta A da B
- CutarDiphtheria ta makwogoro, cutar tetanus, cutar pertussis(DTap)
- Sankarau
- HPV

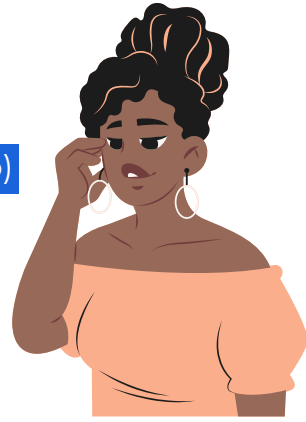


Manya (shekaru 18-60)

Mura Cutar Diphtheria ta makwogoro, cutar tetanus, cutar pertussis(DTap)

Kyanda, Hangu, Tari (MMR)

Cutar huhu



Tsoffin manya (shekaru 60 zuwa sama)

Mura Cutar huhu

Marasa aure

Cutar Diphtheria ta makwogoro, cutar tetanus, cutar pertussis(DTap)



Don Karin bayani

- **Kayan aikin kiyasin rigakafi manya**
<https://www2.cdc.gov/nip/adultimmsched/>



- **Kayan aikin kiyasin rigakafi Yara da matasa**
<https://www2.cdc.gov/nip/adultimmsched/>



PANDEMIC (Shirin Rage Rashin Daidatowa a Aikin Rigakafi a Kabilanci Marasa Rinjaye a Al'umma) ce ta shirya wannan takarda tare da tallafin Yarjejeniyar Hadin Gwiwar CDC CDC-RFA-IP21-2113-NU21IP000597: an buga Afirilu 2023. Abubuwan da ke ciki na marubutan ne kuma basa nuna ra'ayin, ko amincewar Cibiyar Kula da Cututtuka da Rigakafi (CDC), Kiwon Lafiya da Sabis na Jama'a (HHS), ko Gwamnatin Amurka.



PANDEMIC

OCOH
Our Community. Our Health.

