

New update

CDC guidance for the updated COVID-19 vaccine:

What you need to know



Who can get the updated COVID-19 vaccine?

The Centers for Disease Control and Prevention (CDC) recommend everyone 6 months and older get the updated COVID-19 vaccine



If you haven't had a COVID-19 shot in the past 2 months, you're due for the new one



If your child is below age 5, talk to their doctor about when they should get the new one



Adults and eligible children can get the COVID-19 vaccine and flu vaccine at the same time

Why should you get the updated COVID-19 vaccine?

The updated vaccine works well to protect you from current COVID-19 variants. It also helps prevent:

- ▶ Getting very sick from COVID-19
- ▶ Dying from COVID-19
- ▶ Long COVID, a condition in which a person is sick many months after getting COVID. The health effects it can include:



New or ongoing symptoms, such as trouble breathing, feeling weak and tired, trouble thinking (brain fog), or a cough



Problems with certain organs, such as your heart, lungs, kidneys, or brain



How much does the updated vaccine cost?

The updated COVID-19 vaccines are still free for most people, even though the COVID-19 Public Health Emergency ended in May:



For people with health insurance, most plans will cover the COVID-19 vaccine at no cost to you



For people without health insurance or whose health plans do not cover the vaccine, they can get a free vaccine from their local health department or pharmacies participating in the CDC's Bridge Access Program. To learn more, visit: cdc.gov/vaccines/programs/bridge/index.html



For children whose parents or guardians may not be able to afford the vaccine, they may be able to get the vaccine for free if eligible for the Vaccines for Children (VFC) program. To learn more, visit: cdc.gov/vaccines/programs/vfc/index.html



Learn more

➤ Learn about the CDC recommendations for the updated COVID-19 for fall/winter virus season cdc.gov/media/releases/2023/p0912-COVID-19-Vaccine.html



➤ Find a COVID-19 vaccine near you vaccines.gov/search



➤ Get 4 free at-home COVID-19 tests covid.gov/tests



Visit our website to find out if you can get a COVID-19 vaccine at no cost through CDC's Bridge Access Program.

[*bit.ly/3QMEI8B](https://bit.ly/3QMEI8B)



To find an updated COVID-19 vaccine near you, visit: vaccines.gov



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