

Vaccines for the 2023-2024 flu season:

What you need to know



Flu season is here, and it's time to think about getting the flu vaccine if you haven't yet. There are different types of flu vaccines this season. Some are made for older adults to give them better protection.

What flu vaccines are available?

There are different flu vaccines for adults and children. For adults:

Vaccine type	Who is it for?	How does it work?
Flublok Recombinant Quadrivalent Vaccine	Anyone age 18 and older	A standard, single-dose vaccine
Fluad Quadrivalent Vaccine	Adults age 65 and older	A standard, single-dose vaccine
Fluzone High Dose Quadrivalent Vaccine	Adults age 65 and older	A higher single-dose vaccine (4 times higher)

For children, talk to your child's doctor about which option is best for them based on their health history.

The possible side effects for any of these vaccines include:



Pain at the injection site



Muscle or joint aches



Headache



Feeling weak and tired





When and where can I get a flu vaccine?

The best time to get the flu vaccine is in September or October, right before the flu season starts. You can get the vaccine at:



Doctor's offices



Pharmacies



Some workplaces and schools



If you're not sure which vaccine is right for you, ask your doctor or pharmacist.

Scan or click to learn more:



CDC's Table of Recommendations for 2023-24

www.cdc.gov/flu/professionals/acip/2022-2023/acip-table.htm



More about adjuvants in vaccines

www.cdc.gov/flu/prevent/adjuvant.htm



FAQ for the Flu Season 2023-2024

www.cdc.gov/flu/season/faq-flu-season-2023-2024.htm



More about Flublok

www.cdc.gov/flu/prevent/qa_flublok-vaccine.htm



Summary of vaccines

www.cdc.gov/flu/professionals/vaccination/vax-summary.htm