



PANDEMIC

OCOH

Our Community, Our Health.

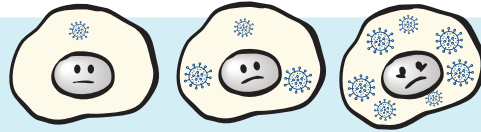
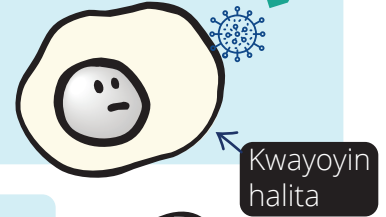


Hausa

Yadda rgakafin COVID-19 ke aiki a jiki don baka kariya

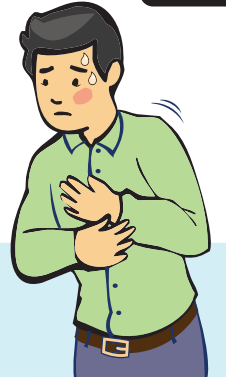
Wannan shine cutar corona, kamar Wanda ke janyo COVID-19.

Samanshi Yana rufe da kananan kuraje, Wanda ake kira **spike proteins** da suke taimakonka shiga cikin kwayoyin halitarka



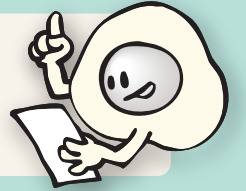
Da zarar sunshiga kwayoyin halita, kwayar cutar zata fara hayayafar dayawa irinta.

A lokacin da kwayoyin cutar sukayi yawa, **kwayoyin halitarka bazasu iya aiki yadda ya kamata ba sai ka fara ciwo.**

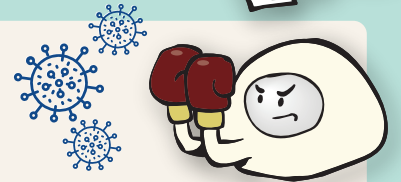


Anan ne rigakafin ze shigo!

Rigakafin ze ba garkuwan jikn ka umarni yadda ze yaki cutar ta fita. (Garkuwan jikin ka itace asalin kariyar jiki daga cututtuka)



Yadda idan daga baya iddan ka kamuda ainihin cutar, **garkuwan jikin ka ze ganeshi kuma ze kare kanshi.**



Wannan zai kareka daga yin ciwon da zakaje asibiti ko kai ciwon da har zaka mutu.

Rigakafi Bazai taba shiga chan cikin kwayoyin halitarka inda DNA yake - **shi yasa rigakafin Bazai iya canza Maka DNA ba ta kowacce hanya.**

Wanna ne sabuntacen rigakafin?

Sabuntacen rigakafin (kuma ana kiranshi rigakafin bivalent) an sabunta shi ne don ya taimaka wurin Bada kariya ga sabon kwayoyin COVID-19. **Kwayoyin cutar COVID-19 Yana chanzawa lokaci zuwa lokaci.** Yawancin mutane suna kamu da ciwon ne sanadin wannan sabobin kwayoyin cutar, kamar kwayar Omicron.

Ziyarci shafin yanar gizon mu don gano idan zaku iya samun rigakafin COVID-19 kyauta ba ta hanyar shirin Bridge na CDC.

bit.ly/3QMEI8B



Babu asalin kwayar cutar a cikin rigakafin, saboda haka Bazai sa maka cutar COVID-19 ba.